Who leads the group coaching sessions at re-origin?

Coaching and Support · https://www.re-origin.com/support/who-leads-the-group-coaching-sessions

Group coaching sessions at re-origin are led by experienced coaches who have personally completed the program themselves and are now certified coaches.

Many began as members, successfully navigating their own healing journey before completing additional training to become coaches. This means they don’t just teach the tools they truly understand what you’re going through.

They combine professional training with lived experience, offering guidance that’s both practical and deeply empathetic.

Find out more here https://www.re-origin.com/coaches

Are the coaches qualified?

Yes, our coaches complete internal training and bring both professional knowledge and personal experience with the re-origin approach. Most are also certified coaches in other areas outside of re-origin too.

Have the coaches experienced similar challenges?

Yes. Having gone through the program themselves, and being members previously they bring a real understanding of the process, challenges, and breakthroughs.