How do you manage all the time zone differences?

Coaching and Support · https://www.re-origin.com/support/manage-time-zone-differences-re-origin

How Do You Manage Time Zone Differences?

Time zone differences are not a barrier to participating in the program.

Because the program is pre-recorded and self-paced, you can access the content at any time, from anywhere in the world. This means you’re not restricted by live schedules and can engage with the material in a way that fits your own routine.

A Global, Flexible Program

We support members from across the world, so the program is designed to work across multiple time zones.

With self-paced content, you can:

- watch lessons whenever it suits you
- revisit material as often as needed
- move through the program at your own pace
- fit the program around your daily life and commitments

This flexibility ensures that time zone differences do not affect your ability to benefit from the program.

Live Sessions Across Time Zones

In addition to the self-paced content, we offer live elements such as:

- Group and 1-1 coaching

- workshops and community events

These are scheduled at a variety of times to accommodate different regions. As our global community continues to grow, we're expanding our availability to support even more time zones.

What If You Can't Attend Live Sessions?

If you're unable to attend live sessions due to time zone differences, you won't miss out.

All sessions and workshops are recorded and made available to watch in your own time. This allows you to:

- catch up on anything you missed
- learn from the questions and experiences of others
- engage with the content when it suits you

You still receive the full value of the sessions, even if you can't attend live.

Designed for Accessibility Worldwide

Our approach is intentionally built for a global audience. Rather than requiring you to adapt to fixed schedules, the program is structured to adapt to you.

Whether you're in the UK, US, Europe, Australia, or elsewhere, you can fully participate without time zone limitations.

Summary

Time zone differences are not an issue. With self-paced content, flexible live sessions, and recorded replays, you can engage with the program from anywhere in the world, at a time that works for you.

Can I join the program from any country?

Yes, the program is accessible worldwide. Because it is self-paced and delivered online, you can join and participate from any country without restrictions.

Do I need to attend sessions live?

No, attending live sessions is optional. All sessions are recorded, so you can watch them later if time zone differences or scheduling conflicts prevent you from joining live.