Is re-origin suitable for children and teenagers?

Conditions and Effectiveness · https://www.re-origin.com/support/is-re-origin-suitable-for-children-and-teenagers

re-origin is designed for adults, and the content and techniques are tailored to adult experiences and needs. For this reason, it isn’t intended for children or teenagers.

For younger individuals, we recommend consulting with a qualified healthcare professional to find age-appropriate support that meets their specific needs.

Can a teenager join with a parent or guardian?

At this time, the program is designed specifically for adults, so we don’t recommend it for teenagers, even with parental support.

Are there plans to create a version for younger people?

We’re always exploring ways to expand our offerings, but currently re-origin is focused on supporting adults.