How many people are in each Group Coaching session?

Coaching and Support · https://www.re-origin.com/support/how-many-people-in-group-coaching

Group sizes vary, but we intentionally keep them small capped at a maximum of 17 participants.

This ensures you get a more personal, supportive experience, with space to ask questions, be heard, and connect with others while still benefiting from shared insights and group learning.

Will I get a chance to speak or ask questions?

Yes groups are kept small enough to allow participation, so you'll have opportunities to ask questions and engage during sessions.

Is 17 people too many for group coaching?

Not at all this size strikes a balance between personalised support and the added value of learning from others' experiences.