Do you offer 1-1 coaching at re-origin?

Coaching and Support · https://www.re-origin.com/support/do-you-offer-1-1-coaching

Yes, we offer optional 1-1 coaching sessions with trained re-origin coaches.

These sessions are designed to complement the core program and community, giving you space for more personalised guidance, clarity, or support with specific challenges.

They’re flexible and low-pressure you can book a single session or multiple over time, depending on what you need.

1-1 coaching is available to members and can be booked directly through your account.

Do I need 1-1 coaching to succeed in the program?

No. Many members make great progress using the core program and community support alone. 1-1 coaching is there if you’d like additional personalised support.

What can I use 1-1 coaching for?

You can use it for clarity on the techniques, accountability, or support with your specific situation.