Can I use re-origin alongside my current treatment plan or medication?

Conditions and Effectiveness · https://www.re-origin.com/support/can-i-use-re-origin-alongside-treatment

Yes, re-origin is designed to complement your existing treatment plan or medication.

Many members use the program alongside other therapies, as neuroplasticity-based practices can support emotional regulation, reduce stress, and improve overall wellbeing.

The program is flexible, allowing you to integrate its tools in a way that works with your current care plan. We recommend speaking with your doctor or healthcare provider before starting any new approach.

Do I need to stop my medication to use re-origin?

No. re-origin is designed to work alongside your current treatment, not replace it.

Can re-origin replace medical treatment?

No. It is intended as a complementary approach and should not replace advice or treatment from your healthcare provider.