# Can I access the re-origin program on my phone or tablet?

Account and Access · https://www.re-origin.com/support/access-on-phone-or-tablet

Yes. You can access the re-origin program on both your phone and tablet.

The platform is fully mobile-friendly, so you can log in through your device’s browser to view lessons, watch videos, and participate in the community. This makes it easy to stay consistent with your neuroplasticity practice wherever you are.

## Do I need to download an app to use re-origin?

You can access re-origin through your web browser, or via the Mighty Network app . You can log in from any device with internet access.

## Can I use re-origin on both mobile and desktop?

Yes, you can access re-origin on phones, tablets, and desktop devices, allowing you to switch between them depending on what’s most convenient.